



YOGURT PROTEIN BAR



Create a unique high protein bar



RECIPE

INGREDIENTS	%
Calcium caseinate 	18,70
Polydextrose syrup	14,80
Glucose syrup	13,30
Isolated Soy Protein	12,84
Yogurt and white chocolate coating*	15,00
Glycerine	12,75
Vegetable oil	4,59
Yogurt powder 	4,25
Red fruits powder	3,40
Emulsifier (soy lecithin)	0,20
Salt	0,17
Flavors	Quantum satis

*Yogurt & white chocolate coating

INGREDIENTS	%
White chocolate	57,0
Yogurt powder 	23,4
Cocoa butter	19,2
Citric acid	0,4



BENEFITS

- Soft & smooth texture
- High protein content - 15 g per bar
- Original flavor
- High quality protein blend
- Source of calcium



IMPLEMENTATION

- Mix together all the powders
- Mix together all the liquids and warm up until 60-70°C
- Mix the powders and the liquids until to obtain a homogeneous dough
- Smooth the dough and place in the fridge
- Cut in bars and coat with the yogurt and white chocolate coating



NUTRITIONAL VALUES

	PER 100 G	PER 50G PORTION
Energy	329 Kcal / 1379 KJ	165 Kcal / 690 KJ
Total fat (g)	11	5,5
of saturated fat (g)	4,5	2,3
Total carbohydrates (g)	22	11
of sugars (g)	14	7,0
of polyols (g)	13	6,5
Fibers (g)	11	5,5
Protein (g)	30	15
Calcium (mg)	240	120

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